

## Truck Ramp



### WHAT HAPPENED:

Two recent overexertion First Aid reports from workers using the truck ramp  
⇒ For the truck ramps there are two settings for cranking the ramps up or down:

- Easy to turn = slow ramp movement
- Hard to turn = fast ramp movement



Push  
handle  
in/out  
to  
adjust  
crank  
setting



⇒ ***The high speed setting should only be used when there is no pressure on the leg, at all other times the low speed should be used for adjustment***

⇒ ***Please use the easy to turn slow ramp movement setting to prevent overexertion injuries as less effort is required***

**MAKE SAFETY A HABIT**

October 19, 2020

## SAFE WORK PRACTICES:

1. **Position truck ramp at location**– Give the truck and your forklift enough space to maneuver. You don't want to spend time later navigating tight spaces.
2. **Adjust the fold down transition plates to the upright position** – You will need these plates for smooth access onto the trailer. Without them you are leaving a gap that could compromise safety.
3. **Truck Driver backs up to the loading platform** – Have someone guide the trailer back to the ramp, lining up the trailer with the ramp as best as possible.
4. **Insert safety wheel chocks behind trailer tires** – Safety chocks will prevent the truck from rolling away from the ramp.
5. **Position fold down transition plates in the downward position** – Place the transition plates down for forklift access. Be careful when placing the plates so you do not pinch your fingers.
6. **Adjust the platform height to the desired height** – To create the smoothest transition between the ramp and the trailer, match the heights as best as possible. You don't want your forklift to bounce up or down while holding heavy materials. Use slow setting to avoid overexertion injuries
7. **Have the truck driver exit the truck** – For everyone's safety have the driver exit the truck. The vehicle should be securely in park and all brakes active to prevent rolling and shifting.
8. **Begin the loading or unloading process** – You are now ready to unload. The ramp is now securely fastened to the trailer and there should be no movement that could compromise the process.
9. **See Foreman or Superintendent with any questions or concerns**