



# Communicable Disease Plan

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## 1.0 Purpose

The purpose of this Communicable Disease Plan is to follow the Canadian CDC goals of reducing the risk to employees from communicable diseases in the workplace.

## 2.0 Scope

The plan covers Western Stevedoring Terminals employees, visitors and contractors.

## 3.0 Legislation

*Canada Labour Code; BC Centre for Disease Control (BC CDC); Public Health Agency of Canada*

## 4.0 Background

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from one person to another. Examples of communicable disease that may circulate in a workplace include covid-19, norovirus and seasonal influenza. When warranted, the PHO may indicate communicable diseases of concern to B.C. workplaces.

## 5.0 General Measures for Communicable Disease Prevention

### 5.1 Employees with Symptoms

Employees, visitors or contractors who have symptoms consistent with a communicable disease should refrain from coming into the workplace and should remain at home until 100% symptom free.

### 5.2 Hand Hygiene

Germs can spread from other people or surfaces when you:

- Touch your eyes, nose and mouth with unwashed hands
- Prepare or eat food and drinks with unwashed hands
- Touch a contaminated surface or objects
- Blow your nose, cough or sneeze into hands and then touch other people's hands or common objects.

Washing hands can help prevent the spread of germs. Clean hands stop germs from spreading from one person to another and throughout an entire community.

Employees are reminded to wash hands regularly and cover coughs and sneezes.

Plumbed and portable handwashing facilities are available around the site for employee use.

### 5.3 Clean Working Environment

Western Stevedoring has in place routine janitorial service which ensures lunchrooms, washrooms, offices, desks, doors, kitchens and other shared use buildings and high touch areas are routinely cleaned.

Wipes, sprays and cloths are available from the parts room, please use for:

- Wiping down any high touch areas when necessary
- Cleaning any high touch areas in machines where needed.

Return any empty spray bottles to parts for re-fill.

## **5.4 Building Ventilation**

Any HVAC systems will be kept in good working order and preventive maintenance be carried out.

Ventilation systems will be correctly balanced (verifying air flow, temperature and humidity meet design conditions).

## **5.5 Support**

### **5.5.1 Supporting Vaccination**

Support, resources, and information is available to assist employees with receiving vaccinations for COVID-19 and other vaccine-preventable illnesses.

Employees can request support and info from their Supervisor when needed.

See the website below to register for the COVID-19 vaccinations  
<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register>

### **5.5.2 ILWU Canada Support**

24 hours per day, 7days per week,  
EAP 604-254-7911; [www.longshorehelp.ca](http://www.longshorehelp.ca)

### **5.5.3 Western Stevedoring Staff Support**

Confidential assistance with all issues of daily living anytime provided through the Life Balance Program RBC Insurance.

Use their website <http://www.lifeworks.com/> to get a complete listing of topics and useful articles. Appointments and phone calls can be scheduled via their contact us page, <http://www.lifeworks.com/ContactUs/index.aspx>

User ID: unumenglish

Password: unumenglish

Counsellors are also available 24/7 at 877-630-6701 to answer your questions and share their knowledge. Your call is free and completely confidential.

### **5.5.4 Reporting H&S Concerns**

Report any H&S concerns to your Supervisor, and/or your H&S Committee Representatives.